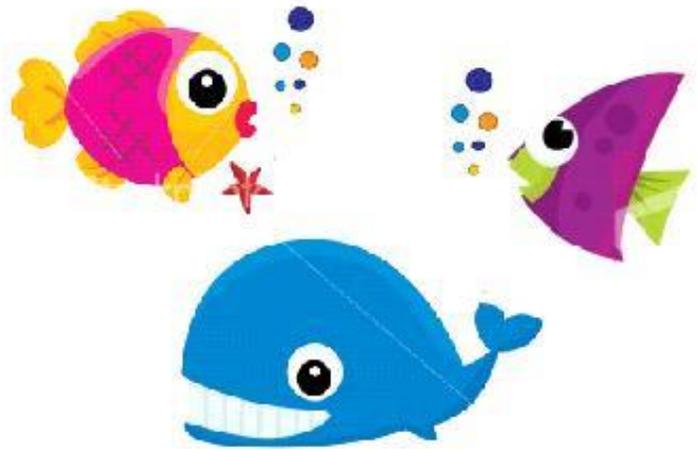


Welcome to the Ocean Room!



A Guide to your Infant's Day

Welcome Ocean Room Families!

Our 6 week old –1 year old classroom is designed to provide your child's day with a schedule that is regular enough to be predictable but flexible enough to meet the individual needs of each child. At this age they are creating relationships and forming trust with their caregiver while exploring the world around them. We have a fun-loving, light-hearted classroom where our teachers thoroughly enjoy caring for your baby and are honored that you have entrusted us to care for them in your absence.

Teaching Philosophy

Our classroom's teaching philosophy is based upon creating a trusting learning environment for your baby. The sense of security that's established in a safe and happy atmosphere, helps an infant's inclination to explore in the play space and allow their personality to bloom.

Each part of their day will offer learning opportunities meant for the growth of their emerging skills. Even while playing with toys your infant is learning new skills, including cause and effect when hitting a ball or about movement and space when he/she rolls a toy car.

Communication

We believe keeping in close communication with parents is an integral part of caring for our little ones. We provide daily sheets that give you a review of your child's day. Many families will keep these in a folder at home to track diapering, feeding, and napping schedules. Parents are welcome to call into the classroom throughout the day to check-in on their little one as well. We want to discuss with the parent that drops-off in the morning how the baby's morning has been as well as at pick-up to inform you of your child's daily activities. If there are any issues that come up throughout the day, we will call you directly to discuss.

Learning/Development

The first year of a child's life includes many different developmental stages and milestones. We are so excited to be a part of their growth and learning along the way! Our teachers will enhance growth with our babies and focus on the following areas:

-Social/Emotional Development – Nurturing with love, snuggles, having fun throughout the day will ensure your child will be happy and feel secure in our classroom.

-Language/Communication – Caregivers have fun by singing songs, playing games, reading books, and introducing baby sign language!

-Cognitive & Motor Development – We provide a variety of sensory toys that stimulate curiosity and play! Teachers engage with babies to spark brain stimulation and gross motor skills. Our classroom is arranged with toys for different stages to encourage grasping toys, hand-eye coordination, tummy time, crawling, playing peek-a-boo, exploring the fun of mirrors, pulling themselves up on bars, playing with fun toys that make happy noises and so much more!

-Creative/Sensory – Our teachers encourage and will introduce multiple sensory experiences such as finger painting and water table play! This is always fun for babies to explore and feel different sensations!

-Outside/Playground – Weather permitting, we have larger strollers to accommodate taking our infants out to get fresh air, experience the baby swings, perhaps dip their toes in the sandbox and watch the older children play as well!

Meals

Due to sensitivities with allergies and introducing different types of foods to babies, families in the Ocean Room provide all food including: breast milk/formula, purees, snacks, finger foods as they get older.

What to bring for your infant

PLEASE BE SURE TO LABEL ALL OF YOUR CHILDS BELONGINGS

- Bedding bag- crib sheet, blanket and lovie (bag will be returned at the end of each week to be washed)
- Several Clean changes of clothing (weather appropriate)
- Diapers and wipes
- Pacifier (as needed)
- Photos of your family that we can place around the classroom
- Sunscreen/Sunhat/Winter outdoor clothing
- Bottles/Sippy Cups
- Formula/Breastmilk (either fresh or frozen)

- Pureed and finger foods that may be kept in our refrigerator

Contact Info

Miss Stephanie, Miss Sue and Miss Melissa

Ocean Room phone: **(207) 854-4000 (ext. 2)**

Ocean Room Daily Schedule

7:00-8:30 Arrival/Greet Parents and Children

8:30-9:30 Breakfast and Bottles as needed

9:30-10:30 Free Play/Diapers/Sing Songs/Read Books

10:30-11 Snack/Bottles as needed

11-11:30 Story & Music

11:30-12:30 Lunch/Bottles/Clean-up/Diapers*

12:30-2:30 Nap/Rest Time/Play for those Awake

2:30-3:00 Snack time/Bottles/Diapers*

3:00-3:30 Books/Puzzles

3:30-4:30 Classroom Play/Gym/Outside *** (for those awake/age appropriate)

4:30-5:30 Teacher Guided Free Play/Diapers*

Diapers are checked hourly and changed more often as needed

Please be advised that this is a rough schedule for the infant classroom. The schedule may change due to the individual needs and schedules of the infants in the classroom.

***Infants over 6 months may be taken to the gym to explore a different environment. Outside play will be weather permitting

In order to provide your child with the best care possible please take the time to fill out the Individual Care Plan on the following page and return to discuss with me. This will help us understand more about the most important routines in your child's day and then help us provide better care.

Individual Care Plan

Arrival/Departure Schedule	
Eating Schedule	
Diapering Issues? (irregular bm/diaper rash?)	
Sleeping/Nap schedule & Habits	

Notes:
